



# Mokoia Intermediate



## Matua Rawiri's Shout Out

### Tēnā Koutou Parents and Caregivers

Thanks to all the Yr 8 students that spent the day at Rotorua Lakes High School this week experiencing high school life. Thanks also to all the RLHS teachers who ran activities and the Yr12 leaders who looked after our students.

It would be great to fill the Auditorium at Rotorua Lakes High School next Thursday 31st August at 7.00pm for the Cybersafety evening. As such, we have organised Filmmaker, Author and Speaker Rob Cope, producer of the documentary "Our Kids Online" to come and give what promises to be a humorous and eye-opening evening talk to our parent community.

His talk will cover • Cyberbullying • Social media. • Gaming and the developing brain • Naked Selfies • Online predators • Online porn vs healthy sexuality • Filters • Smartphones • Boundaries • 3 golden rules • Talking to your kids • Challenging our own phone and device usage. Please make some time to attend this presentation. It will be worthwhile.

### Matua Rawiri & The Mokoia 'A' Team

***We are Limitless! We are Passionate! We are Mokoia!***

## Key dates for Term 3 2023

### Term 3 Week 7

- **Tuesday 29th August** - Chess regionals
- **Wednesday 30th August** - Kaitao Intermediate Sports Exchange
- **Thursday 31st August** - Cybersafety evening at RLHS, 7pm
- **Thursday 31st August** - HPV Yr 8's final dose, 12:00 – 1:00pm

### Term 3 Week 8

- **AIMs Games all week**

### Term 3 Week 9

- **Tuesday 12th September** - 2023 KIWI Spelling Bee, block 3
- **Wednesday 13th September** - Wig Wednesday and Shave for a Cure
- **Thursday 14th September** - School Speeches
- **Friday 15th September** - RBHS Open Day, 9:00am – 2:45pm
- **Friday 15th September** - MIGs gym event

### Term 3 Week 10

- **Monday 18th September** - Southport Sports Exchange 12.00pm
- **Tuesday 19th September** - HPV Yr 8 second dose, 9:00 – 11:00 am
- **Tuesday 19th September** - Finance & Board Hui - 6.00pm
- **Wednesday 20th September** - Year 6 Primary Open Day - Lynmore
- **Thursday 21st September** - Year 6 Primary Open Day and Open Evening
- **Friday 22nd September** - Term 3 Ends

Want to see our full school calendar? Follow this link: <http://bit.ly/MokCal>

## New school website now up and running!

[Check us out at www.mokoia.school.nz.](http://www.mokoia.school.nz)

## Urgent road closure

Due to unforeseen issues with the underground services, the scope and duration of works has been extended to Friday 1 September 2023.

Until Friday 1 September 2023, access in and out of Brent Road (from Te Ngae Road) will be unavailable and temporary traffic management will be in place.

Detours will be in place for traffic entering and exiting Brent Road.

We apologise for the inconvenience this may cause and will have the works completed as soon as possible.

- Tania McCluskey, Stakeholder & Communications Advisor, Transport & Infrastructure, Downer

## The hidden risks of hydration drinks like Prime

In the ever-evolving landscape of beverage choices, it's essential to shed light on a topic of concern: hydration drinks like "Prime" and their potential risks for children. While these colourful drinks promise to replenish fluids and electrolytes, there are hidden dangers parents should be aware of.

### **Excessive Sugar and Artificial Additives:**

Hydration drinks often contain high amounts of added sugars and artificial flavours to enhance taste. Excessive sugar intake can contribute to obesity, tooth decay, and the risk of chronic health issues. It's crucial to remember that children's growing bodies have specific nutritional needs that might not align with the ingredients found in these drinks.

### **Misleading Electrolyte Claims:**

Advertisements for hydration drinks may tout their electrolyte content as essential for active kids. However, in most cases, children can get their required electrolytes from a balanced diet. Overconsumption of electrolytes can disturb the body's delicate balance and lead to health complications.

### **Caffeine Concerns:**

Some hydration drinks contain caffeine, which can adversely affect children's sleep patterns and contribute to restlessness and anxiety. Children are more sensitive to caffeine's effects, and its inclusion in these drinks may not be suitable for their developing systems.

### **Water: Nature's Best Hydrator:**

When it comes to hydration, nothing beats plain water. It's all we accept at school. It's essential to encourage children to develop a habit of drinking water regularly. It's calorie-free, natural, and supports their overall health without the potential risks associated with hydration drinks.

As parents and guardians, it's our responsibility to make informed choices for our children's health. While hydration drinks like "Prime" may seem attractive, it's crucial to weigh their potential risks against the benefits.

## Enrolling with a Dentist

Up until now, your child has been receiving free dental care from the Community Oral Health Service. Free dental care is available up until your child's 18th birthday.

If your child is Year 8, they will be given a letter to bring home in regards to enrolling with a dentist next year. This is because some dentists also provide free dental care particularly for children 13 years over (adolescents). Take your time to look at the list of available options and consider what is best for yourself and the child. Please ask your child for the letter, complete and return to the dental

clinic. If we do not hear from you we will nominate a dental provider from the list for you. However, you will still need to enrol with them.

Note: If you decide next year that you wish to enrol at another practice different to the one you choose initially, this can be easily done by completing a registration form (provided by the dentist).

- Wendy Mitchell, Dental Therapist

## Scholastic Book Club

Scholastic Issue 6 Catalogues were distributed to classrooms last week. If you would like a catalogue and have not received one please ask your student to check with their teacher or pick one up from the library. Catalogues and orders are also available on the Scholastic website: <https://www.scholastic.co.nz/>

Orders close Friday 1 September.

- Mrs Lind, Resource Manager, [library@mokoia.school.nz](mailto:library@mokoia.school.nz)

## Relieving teachers

Relieving teachers needed for daily contracts to cover sickness and professional development. Friendly staff, beautiful children and a great coffee machine.

Please share with your friends and family.

Contact Sue at [office@mokoia.school.nz](mailto:office@mokoia.school.nz) or Jackie at [jjones@mokoia.school.nz](mailto:jjones@mokoia.school.nz)

## 2023 School Camp - Epworth Retreat and Recreation Centre Cambridge

**Thank you to everyone who has already responded!**

10th - 13th October Kaituna

17th - 20th October Puarenga

20th - 23rd November Waiteti

For many years we have adopted a policy of including an outdoor education camp as a compulsory part of the school curriculum. Each year we apply for funding to subsidise the cost of this camp and have been successful on most occasions. This year the Board has contributed \$15,000.00 and we will apply for funding of \$16,000.00 from Okataina Outdoor Education Centre and Aotearoa Gaming Trust.

Mokoia Intermediate have opted into the Ministry of Education donation scheme. However, schools and kura can continue to ask for a donation for overnight school camps. This request is for a donation. Families and whānau can choose to pay the donation in full, in part or not at all. All students will attend camp regardless of whether they have contributed.

Due to the increasing costs of accommodation, buses, food and staff overnight allowances, this year we are asking for a contribution from parents of \$125.00

Without your contribution and the funding we receive through trusts we would be unable to continue to provide this valuable opportunity for our students.

- Mrs Janet Du Fall, Executive Officer, [accounts@mokoia.school.nz](mailto:accounts@mokoia.school.nz)

## Netball

### **Mokoia Magic**

And this was what the end of the season looked like. From never having played the game to making Intermediate B Grade Finals. **Mokoia Magic**, thank you for turning up to training and games in all weather and conditions. Thanks to your whānau for their support and **Whaea Shilani** for all your organising behind the scenes. Rotorua Netball Centre Intermediate B Grade runners up!

- Whaea Shelley Pene, coach

## AIMs

### Medical waivers and consent forms

Parents/caregivers please complete prior to August the 31st.

- Mr Gareth Upston, Sports Coordinator, [gupston@mokoia.school.nz](mailto:gupston@mokoia.school.nz)

## Basketball

### Basketball Results - Wednesday 23rd August

**Mokoia Girls Year 8 Girls vs Mokoia Achieve** - Mokoia Girls won by default. Player of the Day - **Lydia** and **Kennedy**

**Mokoia Ūpoko Pakaru** - 0 vs RIS Kotiro 73. Player of the Day - **Isabelle Paul**

**Mokoia Passion** - 4 vs RIS Teina 52. Player of the Day - **Jack Parsons**

**Mokoia Whakaiti Year 7 Boys** - 5 vs RIS NTT 39. Player of the Day - **Makairi Toa**

**Mokoia Limitless Year 8 Boys** - 27 vs JPC Kea 47. Player of the Day - **Delvin Taoho**

**Mokoia Kōmaitanga Year 8 Boys** - vs Kaitao Kaha default.

**Mokoia Integrity Year 7 Boys** - 17 vs JPC Tui 28. Player of the Day - **Casey Cortzee**

- *Matua Rawiri Wihapi, Basketball Coordinator*
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## Hockey

The last day for Intermediate hockey is Friday 25th August.

Parents please check the Rotorua Hockey website for draws in the future. They are posted for the next few weeks (Round 1).

Mokoia teams are named 1-4 on the website:

**Mokoia Maddogs** (1)

**Mokoia Mighty Ducks** (2)

**Mokoia Magic** (3)

**Mokoia Madness** (4)

Mr Gareth Upston, Sports Coordinator, [gupston@mokoia.school.nz](mailto:gupston@mokoia.school.nz)

## Kaitao Intermediate Exchange

On Wednesday 30th August we will be taking the Mokoia AIMS Netball, Rugby Girls and Basketball team to Kaitao Intermediate for a Pre-Aims school exchange.

We will depart Mokoia Intermediate by 9:30 - 9:45 ready to start our day with a whakatau at 10:00am. The participants will be returning back to school by 1pm.

If you have any questions please contact your child's teacher in charge of their sport.

- *Matua Jireh Macfarlane, Basketball - 02734155*
- *Whaea Shelley Pene, Netball - 0220828455*
- *Matua Hori Hapi, Rugby (Girls) - 02108476944*

## Rip, Grip and Whip

Mokoia Intermediate School is participating in the Rip, Grip and Whip Mountain Bike Event 2023. This event is being held at Waipa Mountain Bike Park on Tuesday 19th September, 2023. I am taking entries for course 1, course 2 and course 3 with an additional option of forming a mixed relay if your child wishes.

This is a changed date. If you entered previously, you do not need to put in another entry form. If you cannot make the new date, please let **Whaea Deana** know.

We require caregiver permission to enter this course.

- We will meet at the Carpark Hub no later than 8.30am.
- Students must supply their own mountain bikes and helmets.
- Students are to wear appropriate clothing and footwear and their school jumper when not competing.

Teams need to be equipped to do their own repairs.

Water bottles and plenty of food for the day in order to keep themselves energised.

The cost is \$5. Please pay this to the school office with the form (a copy has been sent out on Facebook, Seesaw and email) by Tuesday 12th September, 2023.

- *Whaea Deana Turner, TIC, [dturner@mokoia.school.nz](mailto:dturner@mokoia.school.nz)*

## Merit Awards

K1	<b>Jemimah Te Pairi-Reihana</b> - You have done a fantastic job with your speech this term and I can tell you are very passionate about your topic. I agree, music is a great way to regulate the feelings you choose! Ka rawe!
Rūmaki	<b>Riah Anderson</b> - Kua eke rawa koe e Riah!
K3	<b>Danni Lee Heke</b> - Working constantly in class displaying a great attitude
K4	<b>Cassidy Berndt</b> - for being an outstanding student, you always participate in class discussions, giving your all in your mahi and especially your dedication you put into the wearable arts and science extension. You are a Rockstar!
K5	<b>Koki Hara</b> - For outstanding commitment to excellence, unwavering politeness, and diligent pursuit of knowledge in the classroom. You are setting a remarkable example for your peers and have also contributed to a positive and respectful classroom environment. We are lucky to have you in K5!
P1	<b>Georgia Davies</b> - For the impressive speeches you presented to the Learning Centre when applying for the role of a Camp Leader. You spoke clearly, confidently and from the heart. You have amazing leadership qualities. We are super proud of you. Bring on Camp!
P2	<b>Jess Ward, Izzy Walmsley, Niko Weir, Grace Fry, Mikayla Williams, Hayley Gribble, Dané Swart, Kingston Jones</b> - For the impressive speeches you presented to the Learning Centre when applying for the role of a Camp Leader. You spoke clearly, confidently and from the heart. You have amazing leadership qualities. We are super proud of you. Bring on Camp!
P3	<b>Ellie Smith, Sophie Bell, Leana Gaugler, Remi Vade, Raphael O'Brien, Fraser Barclay, Loralee Packham</b> - For the impressive speeches you presented to the Learning Centre when applying for the role of a Camp Leader. You spoke clearly, confidently and from the heart. You have amazing leadership qualities. We are super proud of you. Bring on Camp!
P4	<b>Alice Alton</b> - I appreciate your funny sense of humour and confidence. Keep on being you. <b>Sophie Green</b> - I really appreciate your supportive leadership, your kindness and your very funny sense of humour. Keep on being you.
W1	<b>Leah Cater-Milne</b> - You have put a fantastic effort into your speech! You have worked so hard and done some fantastic research to find what you need too. You have shown great time management skills Leah and this has paid off for you. Ka Rawe Leah! Keep it up!
W2	<b>Sienna-May Cunningham</b> - For prioritising her learning and giving 100% in her work! Ka Mau Te Wehi!



W3	<b>Noah Croucher</b> and <b>Jack Parsons</b> - Working diligently and persevering to understand the strategy of expanding algebraic equations. Very useful area within maths to build an understanding in moving onto high school next year. Well done, you deserve a new bike for your efforts in Maths.
W4	<b>Angel Xiong</b> - For your constant hard work, dedication, and focus in class. You are always on task and can be relied upon to be doing the right thing, even when others aren't looking. You are also very polite and respectful, and always use your manners. We are extremely lucky to have such a wonderful and diligent member of W4.
Multi Materials	Client Schools
Art/Toi Ataata	Client Schools
Food Technology	Client Schools

## Celebrations

👍 Congratulations to this week's recipient of our values trophy **Travis Grunwell, W1**. This award is given out each week to a role model student. *"All that I value I will uphold - he tohu whakamanawa."*

👍 Well done to our merit award winners this week.

👍 Congratulations to this week's merit award winners.

👍 Good luck to our Tough Guy and Tough Girl competitors today. We have 61 students attending!

👍 Thank you to everyone who contributed funds for Daffodil Day to help support child cancer.

👍 All the best to the A Hockey team, who play the final at 5pm at the turf this afternoon.

👍 For more go to our Facebook group page, Mokoia Intermediate 2023.

<http://bit.ly/MokoiaFacebook>

## Our School Values

### Whakaiti

**He ora te whakapiri, he mate te whakatakariri.**

*There is strength in unity and defeat in anger.*

We are cautioned with this whakataukī to maintain some degree of control over how we express or articulate our anger. The term *oranga* in Māori language can translate to a state of wellbeing. This whakataukī supports that through maintaining a bond with *iwi*, *hapū* and *whānau* emotional and physical wellbeing can be supported. Whakatakariri is similar to the term *hiri* – its negative connotations within this whakataukī indicates that anger can affect personal and collective wellbeing. Within Māori collectives debate and discussion is encouraged but within a context of *manaakitanga* and support.

We try to teach our ākonga to solve their disagreements through mediated restorative conversations from our teachers, rather than using their fists and argument.

[https://www.waikato.ac.nz/\\_data/assets/pdf\\_file/0008/480788/He-Kare-aa-roto-Full-Booklet-for-download.pdf](https://www.waikato.ac.nz/_data/assets/pdf_file/0008/480788/He-Kare-aa-roto-Full-Booklet-for-download.pdf)



## School Loop App

The Skool Loop app is available on Google Play or the App store. The Skool Loop app is updated weekly with all our newsletters. It is NOT the @School Parent App we will be using to replace Seesaw.



Thanks the below businesses for sponsoring our school app:

**All our school news in one place!**

*Download Skool Loop today*

**Simple free download:** In Google Play & App Store search 'Skool Loop' and choose our school once installed.

# Mokoia Intermediate School

Thanks to the below businesses for sponsoring our school app:

The collage features several advertisements:

- HEPBURN ELECTRICAL ROTORUA** with a "Tap Here" button.
- WAREHOUSE CARPETS & VINYL** with the slogan "Locals Looking after Locals" and a right-pointing arrow.
- ELITE TINT** with the tagline "automotive window tinting professionals" and a right-pointing arrow.
- The Wash Place** for "SELF SERVICE CARWASH & LAUNDROMAT".
- BAY ORTHODONTICS** with the text "NEED BRACES? BOOK YOUR APPOINTMENT WITH DR. JUSTIN KEARNEY" and a "CLICK HERE" button. It includes photos of Dr. Justin Kearney and two other people.
- Top Achievers EVES Rotorua 2019-2022** featuring **Kerif Smerdon** and **Jodi Ratahi**. It includes the text "Exceptional. Every day." and the **EVES** logo.
- freshchoice te ngae** with a right-pointing arrow.
- NumberWorks 'nWords** with a "TAP HERE" button and the tagline "TUITION CONFIDENCE RESULTS". It features a photo of a child.
- ASHBY TREE SERVICES** with a photo of a worker.
- 4 FOUR SQUARE SUPERMARKET Te Ngae** with a right-pointing arrow.
- Coding Lessons || FREE TRIAL** with a "LEARN MORE" button.
- David Edwards Financial Adviser** with the **vega** logo.
- ROTORUA WASTE DISPOSAL** with the tagline "Over 25 yrs Septic Waste Disposal Experience" and a photo of a green truck.

If you would like to advertise on the School Skool Loop App please email [Content@skoolloop.com](mailto:Content@skoolloop.com)



To download our app: In Google Play & App Store search 'Skool Loop' & choose School once installed.